

This is to certify that

Kristyna Sznapkova

has successfully completed all modules of the

**UNDERSTANDING
DEMENTIA 2023**

Massive Open Online Course (MOOC)



Professor James Vickers

Director

Wicking Dementia Research and Education Centre

November 2023

21 Recommended CPD Hours

Certification that Kristyna Sznapkova has completed the Understanding Dementia MOOC from the Wicking Dementia Centre, University of Tasmania, between November & January 2024

ORIENTATION (1 HOUR)

- The relevance of quality of life as a framework for planning for and responding to the needs of people living with dementia

THE BRAIN MODULE (5 HOURS)

- Overview of dementia as a complex syndrome
- Foundational descriptions of workings of the nervous system
- Basic anatomy of the brain
- Pathology of the different diseases that cause dementia
- Linking brain pathology to the symptoms of dementia
- Key contemporary areas of dementia research

THE DISEASES MODULE (5 HOURS)

- Risk factors for dementia
- The differences between normal ageing and dementia
- Issues around obtaining a diagnosis of dementia
- The 'domains' affected by dementia
- The stages of dementia linked to related care and support needs
- Principles underlying medical management of dementia

THE PERSON MODULE (10 HOURS)

- Issues related to the onset of dementia symptoms
- Experience of what it is like for people living with dementia, including the carer's perspective
- Major principles of dementia palliation
- Pain for people living with dementia
- Behavioural and psychological features of dementia
- Dementia friendly communities
- Contemporary recommendations around built design principles for people living with dementia
- Non-pharmacological dementia therapies

Certificate No:

81464

